



skin - body - nails

Facial Skin Care Treatments



Each facial treatment begins with a 15 minute skincare consultation which allows you and your therapist to discuss your current skincare and face care regime, and for your therapist to analyze your skin before beginning the treatment ahead.

For our Facials we use the following product houses RVB(Italian); Gatineau(French) and Skin Sphere(RSA)

Please note that we have a Loyalty Card System in place for all our Facial Treatments.

Oily/Problematic

- Your skin tends to shine and shows imperfections; you have enlarged pores and your complexion is less fresh
- **Spice Purifying Facial** 1hour15min – R260
- **SOS Purifying Facial** 1hour15min – R260
- **Rebalance Facial** 1hour – R250
- **Men's Exclusive Skincare Treatment** 1hour – R395

Combination/Normal

(This skin type has medium pores, a smooth and even texture, good circulation, healthy colour, may tend towards dryness on the cheeks while being oily in the t-zone).

- **Intensive Deluxe Facial** 1hour30min – R450
- **Flower Soothing Facial** 1hour15min – R260
- **Express Facial** 45min – R165
- **Back Facial** 1hour – R250

Sensitive/Couperose

- Your skin is easily irritated, prone to redness or reactions that create discomfort; it is thin and lacks suppleness

- **Flower Soothing Facial** 1hour15min – R260
- **Soothing and Well-Being Facial** 1hour15min – R260
- **Oxygenating Facial** 1hour – R250

Combination/Dry

The subaceous glands are less active. The skin lacks both oil and moisture. The skin has a greasy area, while surrounding areas are dry.

- **Aquatic Hydrating Facial** 1hour15min – R260
- **Extreme Comfort Facial** 1hour15min – R260
- **Hydra Touch Facial** 1hour – R250

Aging/Sun-damaged

Your skin suffers from the consequences of a deficiency due to hormonal changes: it becomes dehydrated, loses its elasticity and firmness and brown spots start to appear.

- **Fruit Anti-Aging Facial** 1h15min – R285
- **Light Life Advanced Signature Facial (include eye, lip and neck and décolleté treatment, together with a pressure point back massage and hand treatment.)** 2hours – R550
- **Facial done only on face, neck & décolleté (excl back & arms)** 1hour15min - R385

- **Mélatogénine™ Radiance Anti-wrinkle Facial** 1hour30min – R430
- **Hydro-Source Anti-Aging Facial** 1hour15min – R260
- **Timeless Facial** 1hour15min – R295
- **Anti-Age Eye Treatment** 1hour – R350
- **Draining Eye Treatment** 30min – R120

Treating Pigmentation

- **Simply White Facial** 1hour – R350
- Course of 6 Simply White Facials: R1980 (R330 per facial treatment)
- **Peeling Expert – Skin Renewal Facial** 1hour – R295
- Course of 6 Peeling Expert Facials: R1650 (R275 per facial treatment)

Add any of our Specialized Masks to your facial treatment:

- Algae Mask (Hydrating) - R120
- Anti-Age Eye Pads (Anti-ageing) – R100
- Collagen Mask (Anti-ageing) – R150
- Filmomasque (Soothing, Hydrating) – R100
- Regenerating Plaster Of Paris Mask – R150 (Hydrating, Brightning)
- Whitening Filmomasque (Pigmentation, luminosity) – R100
- Specialized Scalp Treatment with any facial for an additional R55.



Waxing



Body

Underarm R55
 Bikini line R85
 Brazilian R150
 Hollywood R130
 Full Leg R185
 Half Leg R130
 Back R185
 Chest R185
 Arms Half R75
 Arms Full R105
 Toes R40

Face

Lip R40
 Brow R45
 Chin R40
 Cheeks R45
 Nose Wax R40

Tinting

Eyebrow tint R40
 Eyelash tint R50
 Eyebrow & Eyelash tint R85



Manicure

For the Foot and Hand treatments we use only top-of-the-range Bio-Sculpture nail polish products to guarantee longevity of your nail wellbeing and appearance.

- **Full Treatment Manicure** 1hour – R155
- **Express Manicure** 30min – R85
- **The Sanctuary Signature Manicure Treatment** 1hour – R185



Pedicures

- **Full Treatment Pedicure** 1hour – R165
- **Express Pedicure** 30min – R75
- **The Sanctuary Signature Pedicure Treatment** 1hour – R195



Bio Sculpture Gel

- New set Tips with Clear Gel Overlay 1hour15min – R230
- New set Tips with French/Colour Gel Overlay 1hour15min – R285
- New Set Tips with Rose French 1hour15min - R295
- Overlays on natural nails – Clear 20min – R140
- Overlays on natural nails – Colour/ French 45min – R190
- Overlays on natural nails – Rose French 1hour – R295
- Tip repair 15min – R25
- Gel removal, prior to re-application of gel 20min – R55
- Gel removal & Nail treatment 30min – R80

Massage



The times that we indicate is only an estimate, our massage might turn out to take longer, depending on how tense your body is.

- **Traditional Swedish Massage** Full Body 60min From R300
B,N,S 30min R180
- **Aromatherapy Massage** Full Body 60min From R350
Back,Neck,Shoulder 30min R210
- **Back, Neck, Head & Shoulder Massage** 45min From R210
- **Leg & Foot Massage** 40min R180
- **Sanctuary Hot Stone Massage** Full Body 60min R380
B,N,S 30min R280
- **Reflexology** 45min – From R180
- **Manual Lymph Drainage** Problem Areas: 45min – From R230
Full Body: 1hour15min – From R350
- **Full Body Exfoliation with Shower** 20min – R250



Slimming

A complete Slimming program to re-shape your body and loose centimeters.

Ginger&Lime Slimming Mud Wrap

Full Body 1hour15min - R420
Package of 6 Treatments - R2400

Problem Areas - R320
Package of 6 Treatments - R1800

We recommend our clients to have the Wraps in conjunction with our Manual Lymphatic Drainage massage to help remove toxins from the body, for optimal results and centimeter loss.

Bridal Packages



We use only RVB Skin Treatment make-up from Italy. It is designed with your skin's health in mind, through that all our make-up products contain Vit E, it is gentle enough to be applied immediately following any facial treatment. It is a long lasting, and nourishing make-up line and is safe for all skin types.

- Bridal Make-Up Trial R350
- Bridal Make-Up R550
- Special Occasion Make-Up Trial R250
- Special Occasion Make-Up R350

Your Special Day is as important to us as it is to you. We have designed a variety of wonderful ways for you to look and feel beautiful as you begin your walk down the aisle...

- **Bridal Deluxe Package** (Begin package treatment at least 6 months prior to the wedding)

3 Gatineau Skin Renewal Facials

2 Bridal Deluxe Facials*

2 Back Facials

2 French Gel overlays – hands

1 French Gel overlay – feet

3 Complimentary Sunbed Sessions

You can add any other treatment of your choice to your package at an additional 10% discount.

Special discounted price: R2455

Ready to Wed Package

Begin package treatment at least 1 month prior to wedding.

1 Gatineau Skin Renewal Facial

1 Back Facial

1 French Gel overlay – hands

1 French Gel overlay – feet

1 Brazilian Wax

1 Full leg Wax

You can add any other treatment of your choice to your package at an additional 10% discount.

Special discounted price: R1200

The Bridal Ritual Package (Done the day before / during the week before your wedding.)

1 Gatineau Skin Renewal Facial

1 French Gel Overlay – hands

1 French Gel Overlay – feet

Lash & Brow Tint

Brow Wax

1 Bikini Wax

You can add any other treatment of your choice to your package at an additional 10% discount.

Special discounted price: R795

Mother of the Bride Package

1 Gatineau Skin Renewal Facial
1 Full Treatment Manicure
1 Full Treatment Pedicure
Eyebrow Shape
Eyebrow & Eyelash tint
2hours45min – R710



*Bridal Deluxe Facial includes personalized cleanse, steam, scrub, a calming massage of the face, neck & shoulders, arms and hands, a luxurious scrub for the arms and hands, a facial mask with eye treatment and a choice of a head rub or foot massage.

*The Loyalty Card Program is not available with these packages.

*With the Bridal Packages the payment will be due on the day of the first treatment.



The Sanctuary Packages

...spend a little more time with us and enjoy a complete Sanctuary experience tailored to restore your all-over sense of well-being.

Pure Indulgence

We start you off the first hour with a purifying back facial, followed by a Deep Cleanse Facial. A luxurious Hand and Foot Exfoliation will follow as well as a relaxing hand and foot massage. Complimentary Brow shape & tint. 3hours: R750

The Revive Package

Includes a RVB Hydrating facial with a shoulder; neck and scalp massage. Followed with the most pampering full treatment manicure and pedicure. Complimentary Brow shape & tint
3hours: R615

Maternity Package

This treatment is specifically made to care for the needs of expecting mothers. It includes a deep cleanse facial to combat the hormonal changes in the skin and ends with a pedicure that includes a relaxing massage, to relieve tired, strained feet.
2hours: R410

The Teen Package

The perfect treatment for youthful skins. The facial is designed to revitalize, heal and soothe the skin using a blend of natural ingredients with anti-inflammatory and anti-bacterial properties.. We finish off the treat with a 'teeny' mani and 'teeny' pedi.
1hour30min – R310

For you and your Friends

Spend a fun and informative evening at The Sanctuary with your friends.
We start the evening the first hour on application tips and all the different make-up products available. Thereafter a demonstration of a day and night make-up application will follow.
Guests get the opportunity to ask questions, and receive a complimentary face cleanse where after each receives a 30min individual make-up application.
We provide you with a complimentary gift bag to take home, filled with notes; vouchers & information on how to obtain your look.
2-4hours – R200 per person
With snacks & Champagne – R250 per person
Minimum of 2 people and maximum of 5.



WE VALUE YOUR FEEDBACK - FOR ANY COMPLIMENTS OR CONCERNS - EMAIL US

Trading Hours:

Monday - Friday till 18h00

Tuesday and Thursday till 20h00

Saturdays 9h00 till 14h00

**THE PERFECT WAY TO END A BUSY DAY AT THE OFFICE
BOOK A RELAXING TREATMENT AFTER 5...**

OUR REFERAL PROGRAM

We appreciate your word-of-mouth referrals, and we'd like to reward those clients who refer friends and family to us. For every referral that pays for a treatment, we'll give you 10% discount on your next treatment.